

## REAL NAPPIES – A GUIDE

Real nappies have moved into an entirely new age since the days of terry towelling, nappy pins and rubber pants. Today, real nappies are comfortable, soft, easy to care for and the kinder option for your baby and the environment. This fact sheet explains exactly how real nappies work and reveals how simple they are to use.

### The kinder option

Many parents are turning to the kinder option of using real nappies because they are concerned about the environment. 8 million disposable nappies are thrown away in Britain everyday – this colossal amount of waste is equivalent in volume to a mountain higher than Ben Nevis. Experts are not sure how long disposable nappies take to decompose – part of the plastic from every nappy ever thrown away may still be on the planet. Real nappies put parents in control of the materials they put against their baby's skin 24 hours a day.

### Reduce waste & costs

Choosing real nappies instantly makes a difference to the environment – and to your pocket. Using the new adjustable pocket nappies now available means that you will only need one set of 15-20 nappies to last your baby from birth to toddler age. Compared to the cost of using disposables, you could save £500, which even includes the cost of washing and drying the nappies at home. Many local councils are so concerned about the levels of waste from disposables that they are offering cash incentives for anyone choosing to buy real nappies (contact your local authority for information about your local scheme).

### The pocket nappy – the easiest real nappy available

One of the easiest all-round nappies available, the pocket nappy combines the waterproof outer layer and the absorbent part all in one. To make the pocket nappy easy to dry and care for, absorbent pads known as 'inserts' come separately and these are put into the pocket at the back of the nappy. As all babies have different wetting habits more or less inserts can be added to suit your baby – for example, you could add extra inserts to increase absorbency at night time.

The nappy is constructed from advanced high tech fabrics with powerful waterproofing and absorbency qualities. The outer waterproof layer is soft and breathable and holds moisture while retaining the comfort factor. The nappy is lined with stay-dry fleece inside which has the function of drawing moisture away from the skin into the absorbent insert inside the nappy. The fleece is also stain resistant and very gentle on the skin. The absorbent part is made of modern microterry which "locks in" moisture keeping it away from the skin.

The nappy is as quick to put on as a disposable one and adjusts to fit all babies. The nappy has a set of vertical poppers used to adjust its length. Once you have adjusted the length to suit your baby, you add the absorbent insert, which comes in two parts popped together. The smallest part is designed for use with newborn and tiny babies, while both parts can be used together for older babies. Once you have added the insert you simply fasten the poppers at the waist so that the nappy fits snugly around your baby. We suggest pre-adjusting all your nappies to the correct size and adding inserts so they are ready to use when you need them.

### Washing & care

The pocket nappy has been designed to wash well and dry easily without the need to be boiled, bleached or treated with fabric softener. Soiled nappies are best stored dry (not soaked) in a lidded nappy bucket until washday (excess solids should be removed over the toilet). On washday, for heavily soiled nappies, we recommend starting with a cold rinse before washing the nappies on a normal 40°C or 60°C cycle with approximately ½ the recommended amount of non-biological detergent. The lightweight nappies dry quickly on a line or ailer and can also be tumble dried on cold setting.

We have joined forces with Touch Learn and are offering **free sample nappy packs** to all new infant massage instructors to use at their classes. The packs will provide new parents with the opportunity to look at and learn about reusable nappies in a supportive environment. To apply for your free pack containing nappies, information sheets and leaflets please complete and return the attached form.

For more product information visit [www.wonderoos.com](http://www.wonderoos.com)

# Wonderoos™

by HipHip!  
Baby!

## APPLICATION FOR FREE SAMPLE NAPPY PACK FOR USE AT TOUCH LEARN CLASSES

Name:

Address:

Mailing address for samples (if different from above):

Home telephone number (with dialling code):

Mobile telephone number:

Date Touch Learn training undertaken:

Locations and numbers of Touch Learn classes you are planning to schedule:

Have you used reusable nappies before? If yes, please give details.

I confirm that the samples of Wonderoo nappies provided to me will only be used for display/  
demonstration purposes at Touch-Learn classes undertaken by me.

Please sign

Date:

Please return this form to:-

Sue Swann, Babykind Ltd, Unit 8, Blythe Farm, Llandwrog, Gwynedd LL54 5TG