

The Pocket Book of Baby Massage

A charming, pocket-sized, easy-to-follow baby massage guide

A no-nonsense, step-by-step guide to baby massage which includes:

- Physical and emotional benefits of baby massage
- Tips and guidance about when and when not to massage
- Advice about preparing and getting massage started
- Advice on suitable massage oils to use
- Easy to learn rhymes, to help make massage time fun

The perfect
book for
parents with a
new baby!




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