

Essential Reading

- Vital Touch by Sharon Heller
- The Social Baby by Lynne Murray
- Touchpoints: your child's emotional and behavioural development by T Berry Brazelton

Research Articles

- Underdown, et al (2006) *Massage Intervention for promoting mental and physical health in infants aged under 6 months (review)* Cochrane Database of Systematic Reviews, Issue 4
- Prescott (1975) *Pleasure and Violence Reciprocity Theory, the Distribution of 49 Cultures, Relating Infant Physical Affection to Adult Violence. **The Futurist***
- Field, Grizzle, Scafidi, Abrams & Richardson (1996) *Massage Therapy for Infants of Depressed Mothers. **Infant Behaviour and Development*** Vol 19. P109-114
- Hart, Field, Hernandez-Reif & Lundy (1998) *Pre-schoolers' cognitive performance improves following massage **Early Child Development and Care*** Vol 143 P59-64
- Field, T. Grizzle, M. Scafidi, R. Abrams, S. Richardson, S (1996) *Massage Therapy for Infants of Depressed Mothers **Infant Behaviour & Development*** Vol 19 P107-112
- Field, T, Scafidi, F. Schanberg, S. (1987) *Massage of Preterm Newborns to Improve Growth and Development **Pediatric Nursing*** Vol 13, P 385-387
- Glover, V Onozawa, K. Adams, D. Modi, N. Channi Kumar, R (March 2001) *Infant Massage Improves Mother/Infant Interaction for Mothers with Postnatal Depression. **Journal of Affective Disorders*** Issue 63.
- Field, T. Grizzle, M. Scafidi, R. Abrams, S. Richardson, S (1996) *Massage Therapy for Infants of Depressed Mothers **Infant Behaviour & Development*** Vol 19 P107-112
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